

QT FAVOURITES

Buckwheat Strawberry Pancakes Lemon Ricotta, Hazelnuts, Real Maple Syrup and Cinammon Sugar	19
Truffled Egg Milk Roll Free Range Truffled Egg, Crisp Pancetta, Asiago Cheese, Raw Spinach	19
Brain Food Bowl Turmeric Rice, Za'atar Avocado, Sprouts, Fermented Purple Cabbage, Raw Beets and Carrots, Sumac Boiled Free Range Egg Optional	19
Heirloom Tomato Salad Agrodolce, Avocado, Watercress, Black Sesame and Croutons	18
Miso Mushrooms on Toast Steamed Dandelion and Chicory, Air Dried Cavolo Nero, Buckwheat Shoots	20
Avocado Sourdough Toast Shiso, Dried Chilli, Mint, Lemon and Sumac Poached Free Range Egg Optional	19
2 Clay Baked Eggs <i>Minimum 20 Minutes</i> White Butter Beans, Amatriciana Sauce, Sourdough Toast	23
Scrambled Eggs Ashed Goats Cheese, Watercress, Chives, Sourdough Toast	19

GOWINGS BREAKFAST

Scrambled Egg, Miso Mushrooms, Pork Bratwurst Chorizo Chipolata Sausage, Roast Tomatoes, Double Smoked Bacon, Asparagus, Sourdough Toast	29
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SEASONAL FRUIT / ENERGY BOOST

Seasonal Fruit Salad A Selection of Fresh, Seasonal Fruit	16
Bircher Muesli Blueberries, Goji Berries and Low Fat Yoghurt	9
Macadamia and Millet Granola Coconut Yoghurt, berries, steamed seasonal fruit and Macadamias	16

FOR THE LITTLE ONES

A Real Little One Mama Mia Organic Fruit or Vegetable Puree	6
A Little Bigger Free Range Egg and Toast Soldiers	9
Avocado on Toast	9
Nutella Pancakes, Banana and Maple Syrup	16

SIDES

Grilled Free Range Bacon	6
Truffled Free Range Eggs	5
Miso Mushrooms	5
Free Range Pork Sausage	6
Smashed Avocado, Lemon and Mint	5
Roasted Heirloom Tomatoes in Chilli Oil	5
Turmeric Kimchi	5
Organic Purple Sauerkraut	5
Crisp Rosemary Potatoes	5
Blood Sausage	6
Warm Croissant, House Made Butter and Jam	8

JUICE

Fresh Orange Juice	8
Green Juice	8

COFFEE

A specialty blend exclusively created and locally roasted by the Little Marionette Coffee Co.

Espresso	3.5
All Other Coffee	4.5
Single Origin Batch Brew	4.5
Hot Chocolate	4.5
Soy, Macadamia, Almond, Lactose Free Milk	0.5
House Made Hemp and Date Milk	2

TEA

English Breakfast	4.5
Earl Grey	4.5
Sencha Green	4.5
After Dinner Mint	4.5
Egyptian Chamomile	4.5
Lemongrass and Ginger	4.5
Sticky Native Chai	4.5
Masala Chai	4.5
Penelope Sach Petal	6
Penelope Sach Triple E	6

FROM THE BAR

NV Perrier Jouet 'Grand Brut', Epernay, France	26
Seasonal Bellini	19
Bloody Mary	19

GOWINGS
BAR & GRILL